

# 5 Ways Employers Can Support

# WORKING PARENTS



Advice from  
Pandemic Parenting Podcast guest  
**Christine Robinson**

(Ep. 9: How Parents & Employers Can Navigate the Post-Pandemic Workplace)

- 1** Provide access to resources for parents such as Care.com for child care and Out School for virtual learning



- 2** Send back-to-school kits for parents with school-age children



- 3** Allow flexible work arrangements: Let parents work "when they need to and how they need to" — no approval needed



- 4** Offer Disconnect Days, when the office is closed and employees can truly shut down and disconnect from work



- 5** Demonstrate accepting and welcoming behavior for employees with children — that includes leadership, too!

