

ADVOCATING FOR YOURSELF AT WORK



Advice from Pandemic Parenting Podcast
guest expert **Christine Robinson**
(Ep. 9: How Parents & Employers Can Navigate the
Post-Pandemic Workplace)



"WORN-OUT PARENTS OUT
THERE NEED TO HEAR THIS
CLEARLY: YOUR EXPERIENCE
OF PARENTING DURING THE
PANDEMIC CAN POSITION
YOU FOR CAREER GROWTH."

"YOU CAN LEVERAGE THE
SKILLS AND EXPERIENCES YOU
GAINED IN PARENTING TO BE A
LEADER IN YOUR WORKPLACE.
THERE ARE A NUMBER OF KEY
SKILLS THAT WORKING
PARENTS HAVE HONED
DURING THE PANDEMIC."



Throughout the pandemic, day in and day out,
parents have demonstrated these

LEADERSHIP ATTRIBUTES:

- **Prioritization**
- **Efficiency**
- **Situational assessment**
- **Resiliency**
- **Innovation**
- **Ability to keep others engaged and motivated**
- **Decisiveness**



Visit
www.pandemic-parent.org
for more tips on returning to
the workplace.

