

ANTI-RACISM TOOLKIT

WEBINAR

[Anti-Racist Pandemic Parenting \[1:00:00\]](#)

PODCASTS

[Working with Trauma in Cross-Cultural and Immigration Contexts* \[PODCAST\]](#)

[Fathers From Diverse Communities: Q & A with Dr. Earl Turner \[PODCAST\]](#)

VIDEOS

[How To Dismantle Racism \[00:00:33\]](#)

[Mental Health Barriers for Diverse Fathers \[00:01:35\]](#)

[How to be an Effective Activist \[00:00:0:32\]](#)

[The Uncomfortable Conversation About Race \[00:00:58\]](#)

[Don't Teach Your Child to be Colorblind About Race \[00:00:33\]](#)

[Should parents talk to their children about anti-racism? \[00:01:27\]](#)

[How to Serve as a Good Example for Your Children \[00:02:09\]](#)

[How do I keep my child safe without burdening them with the weight of racism? \[00:02:41\]](#)

[How do I avoid projecting my anxiety on my son about the racism he may experience? \[00:02:13\]](#)

[Navigating Cross-Cultural Contexts: Curiosity is Key* \[00:01:19\]](#)

[Advice for Psychologists Conducting Immigration Evaluations* \[00:02:17\]](#)

[3 Ways to Connect Marginalized Communities with Mental Health Resources* \[00:01:26\]](#)

SOCIAL MEDIA GRAPHICS

[Dismantling Racism](#)

[Honor Similarities/Respect Differences](#)

EXAMPLES:



PREPARED BY
PANDEMIC PARENTING

**Resources denoted with an asterisk are contributed by Roadmap to Resilience. R2R is a collaboration between Pandemic Parenting and the University of Connecticut School of Medicine Center for the Treatment of Developmental Trauma Disorders, with special thanks to the Inter-Organizational Child Trauma Task Force.*