

WHAT ARE POSSIBLE SYMPTOMS OF ANXIETY IN CHILDREN?

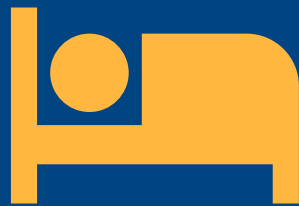
Advice from The Pandemic Parenting Podcast

"HELPING YOUR ANXIOUS CHILD"

WITH DR. JILL EHRENREICH-MAY & DR. DONNA PINCUS



Frequent complaints



Difficulty sleeping



Headaches



Tantrums



Stomach-aches



Seeking frequent reassurance about worries



Irritability



Hopelessness

Learn more at www.pandemic-parent.org/podcast/helping-your-anxious-child



PANDEMIC PARENTING