## WHAT ARE POSSIBLE SYMPTOMS OF ANXIETY IN CHILDREN?

Advice from The Pandemic Parenting Podcast
"HELPING YOUR ANXIOUS CHILD"
WITH DR. JILL EHRENREICH-MAY & DR. DONNA PINCUS



Frequent complaints



Difficulty sleeping



Headaches





Stomachaches



Seeking frequent reassurance about worries



Irritability



Hopelessness



Learn more at www.pandemic-parent.org/ podcast/helping-your-anxious-child